

Number: [_ _ _ _ _]

TACQOL

Questionnaire

for children aged 8 to 15

Would you please answer the following questions first?

Are you a boy or a girl?

☐ boy

☐ girl

What is your date of birth?

.....
(month)

.....
(day)

.....
(year)

On what date did you complete this questionnaire?

.....
(month)

.....
(day)

.....
(year)

INSTRUCTIONS

Hello

We would like to know how you have been in recent weeks.

On the pages which follow, you will find a number of questions.
For each question there are a number of answers you may choose from.
Choose the answer which is the most appropriate for you and place a cross in the box alongside that answer.

For example (you do not need to answer this question):

Have you had headaches?

1

☒ never

☐ occasionally ☐ often

At that time, I felt:

☐ fine ☐ not so good ☐ quite bad ☐ bad

Have you had earaches or sore throats?

2

☐ never

☒ occasionally ☐ often

At that time, I felt:

☐ fine ☐ not so good ☒ quite bad ☐ bad

If you have **not** suffered from headaches **at all** in recent weeks, place a cross in the box next to 'never'. You can then go on to the next question about sore throats as in the example above.

If you had a headache "occasionally" or "often", place a cross in the appropriate box. Below these boxes, you find the words: '**At that time, I felt:**'. You then cross the box stating how you felt when you had a headache.

For example:

Have you had headaches?

1

☐ never

☒ occasionally ☐ often

At that time, I felt:

☐ fine ☐ not so good ☐ quite bad ☒ bad

You then proceed to the next question.

Pain and symptoms in recent weeks.

Try to remember how you were in recent weeks ...

Have you had earaches or sore throats?

☐ never

☐ occasionally

☐ often

1

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Have you had stomach-aches or abdominal pain?

☐ never

☐ occasionally

☐ often

2

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Have you had headaches?

☐ never

☐ occasionally

☐ often

3

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Have you been dizzy?

☐ never

☐ occasionally

☐ often

4

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Have you felt sick/nauseous?

☐ never

☐ occasionally

☐ often

5

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Have you felt tired?

☐ never

☐ occasionally

☐ often

6

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Have you felt sleepy?

☐ never

☐ occasionally

☐ often

7

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Have you felt dozy?

☐ never

☐ occasionally

☐ often

8

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Did you suffer from pain or other symptoms?

☐ never

☐ occasionally

☐ often

9

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

What sort of pains or symptoms?

Only if you suffered from pains or other symptoms in recent weeks:

What do you think caused those pains or those symptoms?

10

Things you had difficulty with in recent weeks.

Try to remember how you were in recent weeks. Did you have ...

Difficulty with running?

☐ never

☐ occasionally

☐ often

11

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty with walking?

☐ never

☐ occasionally

☐ often

12

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty with standing?

☐ never

☐ occasionally

☐ often

13

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty walking downstairs?

☐ never

☐ occasionally

☐ often

14

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty with playing?

☐ never

☐ occasionally

☐ often

15

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty with running or walking for long periods?

☐ never

☐ occasionally

☐ often

16

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty with balance?

☐ never

☐ occasionally

☐ often

17

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty with doing things handily or quickly?

☐ never

☐ occasionally

☐ often

18

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Only if you had problems of this kind in recent weeks:

What do you think caused these problems?

19

Things you had difficulty with in recent weeks.

Try to remember how you were in recent weeks. Did you have...

Difficulty with going to school on your own?

☐ never

☐ occasionally ☐ often

20

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty washing yourself?

☐ never

☐ occasionally ☐ often

21

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty getting dressed on your own?

☐ never

☐ occasionally ☐ often

22

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty going to the lavatory on your own?

☐ never

☐ occasionally ☐ often

23

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty with eating or drinking on your own?

☐ never

☐ occasionally ☐ often

24

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty with sports or going out to play on your own?

☐ never

☐ occasionally ☐ often

25

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty with doing hobbies on your own? ☐ never

☐ occasionally ☐ often

26

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty with riding a bicycle?

☐ never

☐ occasionally ☐ often

27

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Only if you had problems of this kind in recent weeks:

What do you think caused these problems?

28

Things you had difficulty with in recent weeks.

Try to remember how you were in recent weeks. Did you have...

Difficulty with paying attention,
concentrating?

☐ never

☐ occasionally

☐ often

29

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty understanding schoolwork?

☐ never

☐ occasionally

☐ often

30

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty understanding what others said?

☐ never

☐ occasionally

☐ often

31

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty with arithmetic?

☐ never

☐ occasionally

☐ often

32

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty with reading?

☐ never

☐ occasionally

☐ often

33

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty with writing?

☐ never

☐ occasionally

☐ often

34

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty with learning?

☐ never

☐ occasionally

☐ often

35

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Difficulty in saying what you meant?

☐ never

☐ occasionally

☐ often

36

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Only if you had problems of this kind in recent weeks:

What do you think caused these problems?

37

Dealings with other children and with your parents in recent weeks.

Try to remember how you were in recent weeks.

I was able to play or talk happily with other children.

☐ yes

☐ too little

☐ never

38

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

I was able to stand up for myself with other children.

☐ yes

☐ too little

☐ never

39

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

Other children asked me to play with them. ☐ yes

☐ too little

☐ never

40

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

I felt at ease with other children.

☐ yes

☐ too little

☐ never

41

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

I was able to play or talk happily with my parent(s).

☐ yes

☐ too little

☐ never

42

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

With my parent(s), I was silent, not communicative.

☐ never

☐ occasionally

☐ often

43

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

With my parent(s), I was restless or impatient

☐ never

☐ occasionally

☐ often

44

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

With my parents, I was defiant.

☐ never

☐ occasionally

☐ often

45

At that time, I felt:

☐ fine

☐ not so good

☐ quite bad

☐ bad

If things were not always satisfactory in dealings with other children or with your parents:

What do you think was the reason?

46

In recent weeks, I felt ...

Joyful

☐ never

☐ occasionally

☐ often

47

Relaxed

☐ never

☐ occasionally

☐ often

55

Sad

☐ never

☐ occasionally

☐ often

48

Aggressive

☐ never

☐ occasionally

☐ often

56

In good spirits

☐ never

☐ occasionally

☐ often

49

Happy

☐ never

☐ occasionally

☐ often

57

Angry

☐ never

☐ occasionally

☐ often

50

Short-tempered

☐ never

☐ occasionally

☐ often

58

Contented

☐ never

☐ occasionally

☐ often

51

Confident

☐ never

☐ occasionally

☐ often

59

Worried

☐ never

☐ occasionally

☐ often

52

Jealous

☐ never

☐ occasionally

☐ often

60

Enthusiastic

☐ never

☐ occasionally

☐ often

53

Cheerful

☐ never

☐ occasionally

☐ often

61

Gloomy

☐ never

☐ occasionally

☐ often

54

Anxious

☐ never

☐ occasionally

☐ often

62

If you did not always feel fine in recent weeks:

What was the reason?

63

**This is the end of the questionnaire
Thank you for completing it !**