

# Micro-tools to enhance Safe behaviour of vulnerable employees in low-skilled work.

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**TNO | Knowledge for business**



## ***TNO Mission:***

***To apply scientific knowledge  
with the aim of strengthening the innovative power  
of industry and government***

# Example industrial cleaner

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# Outline of this presentation

## 1. Introduction of the second part of the study “Improving Safety for Low-skilled and High-risk work” in the Netherlands

- background
- target group
- aim of the study

## 2. Methods

- the diagnosis tool based on our theoretical framework
- the co-creation of interventions

## 3. Result: the micro-tools

## 4. Conclusion

## 5. Discussion & further developments



# 1. Introduction of the project: Lowskilled & high-risk work: the micro-tools.

- 2<sup>nd</sup> part of the **HEAR** Research Program on human related aspects of safety at work;
- Sponsored by the **Dutch Ministry of Social Affairs**;
- Carried out by **TNO Work & Employment** in the Netherlands, specialized in research and consultancy of work-related issues (Participation, Productivity and Health&Safety);
- **Co-development** with companies in Construction, Transport, (Greenhouse) Agriculture, Industrial Cleaning;

# Background: low-skilled and risky work

- Changing **composition** of the (lower part of the) labour market: globalization, opening of borders and increasing flexibilization
- Risky work often performed by **'vulnerable' people** such as **low skilled employees**



- **Lack of attention** to the variety of people - and their different perspectives - in existing safety programs



**Renewed, specific interventions and/or programs better geared to improve safety at the workforce**



# Target group: vulnerable workers in low-skilled and risky work

**Low- skilled work** (required education is low or none) is often:

- *risky*, dirty and strenuous work
- executed by *vulnerable* employees, e.g.:
  - older employees without proper qualifications
  - (recent) migrants
  - employees with poor literacy skills
  - younger 'drop outs'
  - flexworkers (via temporary agencies)





# Statistics substantiating the problem (NEA)

- Total group, 27% is educated at a low level; in this group **17% are migrants**
- 46% of the **lower- skilled** are exposed to hazardous substances on an almost daily basis. Especially non-western, versus 30% of the more educated.
- **Non-western migrants** significantly more involved in an accident with physical /mental injury (10%). / Dutch employees have more access to PPE's
- People who work for **temporary employment agencies** were affected significantly more by mental or physical injury caused by an accident (9,6%).

And...in the mentioned vulnerable groups:

- Measures are less often taken
- More desire for measures taken





## Aim of the 2<sup>nd</sup> part of the research (1<sup>st</sup> part was the dev. of a theoretical framework with do's en dont's)

*To develop measures, the so-called “micro tools”, that fit the specific needs of the target group and so effectively enhance safe behaviour.*

### Deliverables:

- A diagnose tool to assess the need within companies for interventions/approaches for low-skilled work, based on the theoretical ‘safety for all’ framework (= result of the first part of the study).
- A set of micro-tools (developed in co-creation) as good practices.
- Evaluation of the effectiveness of the tools



## 2. Method

1. Recruitment of companies
2. Questionnaire, based on Fishbein & Ajzens “intention for safe behaviour” (t=0)
3. Assessment with diagnosis tool, based on our theoretical model (blind spots)
4. Decide on the type of intervention
5. Intervention
6. Questionnaires (t= 1)
7. (Qualitative) evaluation of the company cases

# Safety for all-framework: do's en dont's

Key aspects: Influencing parties	Risk awareness	Motivation	Capa- bilities	Control options	Sustai- nability
employee					
Peer-group					
Management					
Company/bra nche/					

# Safety for all-framework: do's en dont's

Key aspects:	Risk awareness	Motivation	Capabilities	Control options	Sustainability
Influencing parties	<p>Combine the use of short and long term effects for young workers</p>				
employee					
Peer-group					
Management					
Company/branch/					

# Safety for all-framework: do's en dont's

Key aspects:	Risk awareness	Motivation	Capabilities	Control options	Sustainability
Influencing parties					
<b>employee</b>					
<b>Peer-group</b>		Be aware of the informal leader in the (social) group		Manage social issue like debt	
<b>Management</b>					
<b>Company/branch/</b>					

# The diagnosis tool: questions derived from the framework

## Risk awareness:

- *Er wordt gebruik gemaakt van andere vormen van veiligheidsinstructies (zoals bijv. safety symbols, plaatjes en video's)*
- ...

## Motivation:

- *Uw bedrijf is zich bewust van de belemmeringen voor individuen om veilig te werken;*
- *Tips en ideeën voor veilig werken van werknemers zijn verzameld en gedeeld: binnen het eigen bedrijf, met andere bedrijven;*
- ...

## Capabilities/ Knowledge

- *De instructeur/trainer bevestigt de doelgroep in wat ze kunnen en niet in wat ze (nog) niet kunnen*
- ...

## Control options

- *Leidinggevenden bieden genoeg ruimte voor eigen initiatief, eigen inbreng en fouten worden niet meteen afgestraft (maar als aangrijpingspunten om te leren).*
- ...



### 3. Results: micro-tools designed in cooperation with companies.

- Interactive **toolbox** (challenge, interact, visual, repeat, repeat, repeat)
- **Roleplaying game (RPG) with actor** (addressing safe behavior, being assertive e.g. when having 2 bosses, “ I see, I find, I want” , feedback from the group)
- Interactive **gaming**: ‘situational leadership’ (confrontation with consequences of own behaviour, competitive)
- **Focusgroups** on risk perception
- Workshops that enhance ‘**empowerment**’, for safe behaviour.



# Case 1: The interactive tool box (Industrial Cleaning Company)

- ... a lot of the material that was used here can be considered what we call *'linguistic'* (it consists mainly of written texts). This applies to the SOS-booklet, the news bulletins and the toolboxes. Moreover, it has a somewhat *'police like'* intonation.
- The first newly designed intervention consists of an interactive toolbox meeting. The experimental toolbox concerned the proper use of respiratory protection and contained *more pictures*, less *text*, was *short* (10 minutes), contained more *interaction* (group discussion). Also *short term effects* were connected to the long term effects. The workers were very positive...”
- *Pictograms* were action oriented.

## Case 2: Focus group session (maritime cleaning company)

- *The diagnosis tool revealed that employees up till now were **not actively involved** in the setup and implementation of safety programs/ measures. So they decided to implement focus group sessions.*
- *Importance in facilitating the focus group session is true **dialogue, trust and openness** when discussing perception of safety (no good or bad)*
- *it seems that within this organisation possibly a **preselection** takes place of problems. The employees told that problems were however discussed during the lunch and in the coffee house. But actually: ‘nobody thinks about communicating this **to the correct person**’.  
But there is more: *For instance the **fear of losing ones job**, not wanting to be seen as a trouble maker.**
- *The sessions were evaluated as useful. Now the prevention manager briefed that the sessions will be formalized in existing working routines in the future.*

## Case 3: interactive leadership game to work safely: “ Omni clean in troubled water” .

- *the diagnosis tool showed the need of improving leadership skills, especially in **situational leadership** (how to give work instruction to experienced personel, how to coach, how to reprimand). A special game 'Omni clean in troubled water' was developed.*
- *In each round managers are confronted with a **daily situation**, played out by training actors. **Surprises** are built in, employees can help eachother, **competitive** element helps to increase performance*
- *Improvement towards an open culture where supervisor/management styles improve through learning with and from each other.*



## Case 4: interactive sessions to enhance the employees' empowerment (maritime services company)

- *It is hard for this small and multi purpose company to survive in a harsh **competitive sector** (few control options).*
- *Crucial elements of the "empowerment workshop" is to create a **sense of control, mastery and social support** as a way to obtain personal wellbeing and mental health. Also there is a link to motivation and self efficacy.*
- *In the workshop the **unsafe and unwanted situations** in the workplace have been discussed and moreover the **actions** that are needed for improvement have been defined together. At last **obstacles and the personal barriers** to make to transition from plans to actions were discussed.*
- *The role of facilitators is to **reinforce supportive behaviour** and to create a **positive learning environment** in the group.*

## 4. Evaluation: aspects of succes

- Transfer from language to **visually** driven communication
- Change from negative to **positive affirmation**
- From one sided telling to **interactive** game like learning
- **Dual ladder**: strict on social issues, positive feedback only on skills and self image
- **Active involvement** of workers in safety related activities (toolbox)
- **Tailor made** on the job training next to general safety awareness training
- Adjust safety messages to what is seen **attractive** by the target group
- Supporting actions **addressing the social situation** (debts)

# 5. Discussion & further developments

- Practical:
  - development of a 'self help' kit
  - database with the assessment results of the diagnosis tool.
    - Per branch
    - Benchmarking for companies
- Research
  - Further research interesting for *2 different groups*:
    - 1) employees with lack of cognitive ability to perform complex work (learning difficulties, lack of knowledge, ..)
    - 2) employees with 'social issues'(family relations, gambling, money, ethnocultural issues, lack of self confidence or better live perspective).

The 2 groups ask for *specific 'situational' safety approaches*.

# Questions, suggestions, more info?

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