## Keeping up spirits: The effects of trust in lower-level and higher-level leaders on morale of deployed soldiers

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## Abstract:

Trust in leadership is essential in high-risk work-environments such as the military. Without a willingness to be vulnerable to the leader's directives, soldiers may lose their focus and become less prepared to respond to operational demands. The present research examined how trust in different hierarchical leaders affects soldiers' morale, defined by his or her *enthusiasm* and *dedication* to mission goals. Dutch soldiers' (N=1413), part of different work units of the International Security Assistance Force for Afghanistan (2009-2010), filled out a self-report on their personal morale and trust in three hierarchical leaders. Generalized Equation Modeling (GEE) was used to account for the correlation among multiple responses made per participant. Results showed that, in general, the relationship between soldiers' morale and trust in leadership is qualified by hierarchical distance. Leaders who stand more closely to their followers have more impact on followers' job-related well-being as compared to higher hierarchical leaders. However,



[Specific sample]